

Hurst Green Primary School second Safeguarding newsletter

Safeguarding is all about us working together to make sure that children, young people and adults are safe and protected, free from harm, abuse or neglect. If you are worried, concerned or scared about the way you, or someone you know is being treated, or is treating themselves, don't keep it to yourself, tell us.

This newsletter looks at what we are doing as a school towards supporting children in school and their mental health:

Thursday 10th October was World Mental Health Day. As part of this day children at school did some work connected to the story of The Colour Monster. This story will form the basis of our school approach on mental health, from EYFS to year 6. Every class is now aware of the different colours associated with different emotions.

Here is a link if you would like to watch the video and see what we have been doing in school:

<https://www.bing.com/videos/search?q=youtube+colour+monster&view=detail&mid=9C53F7E4B3E7BDA04FA59C53F7E4B3E7BDA04FA5&FORM=VIRE>



happy



sad



confused



full of love



calm



angry



fear

Our Anti-Bullying ambassadors will also talk to the children in terms of colours and emotions. In school, there will be a place in the library where children can put their name into a colour monster jar to let us know how they are feeling. The jars will be looked at daily and the child spoken to and support given if necessary.

Please remember if you have any concerns about your child to come into school to talk to us.

There is always someone in school you can talk to who can support your child. We also have Lucy Vines, our play therapist on a Wednesday and Thursday.

Organisations to support mental health:

<https://youngminds.org.uk/>

<https://www.headstogether.org.uk>

<https://www.place2be.org.uk/>

<https://www.barnardos.org.uk/>

<https://www.time-to-change.org.uk>

<https://www.nspcc.org.uk>

<https://www.childline.org.uk>

Hurst Green Primary School second Safeguarding newsletter

Early Help -

Tel 01384 813954

<https://www3.dudley.gov.uk/Synergy/FSD/>

Family support - Barnardos - 01384 411722

<https://www.family-action.org.uk/>

Dudley parent carer's forum - <https://careandshare.uk/welcome/>

For those with older siblings, please look at the new launch service for 11+ support

<https://izone.org.uk/>

If you are concerned about a child or young person, please call the telephone numbers below. Alternatively, you can raise a concern with one of our Designated Safeguarding Leads in school, but please do not delay seeking help from the numbers below if the school is closed.

- During office hours call the children's services service on **0300 555 0050 selecting option 4** (9:00 – 5:00 Mon-Fri).
- Out of office hours contact the Emergency Duty Team on **0300 555 8574**.
- **In an emergency call 999.**

If you contact Dudley safeguarding you will speak to a professional who will listen to your concerns. They may take a few details and might need to contact you again but your concern will be dealt with quickly and appropriately.

You do not need to provide your name or give contact details if you do not wish to do so. Anonymous calls will not be ignored.

Alternatively you can contact the NSPCC on **0800 800 5000** or email them by visiting their website <https://www.nspcc.org.uk/>

Safeguarding Leads in school:

Mrs Mauchline

Mrs Kelly

Mrs Webb

Mr Lander

Mr South